

RHYTHMICAL EINREIBUNG | An Anthroposophic Nursing Course

RE LEVEL I • FOUNDATION COURSE: **Part 1A**, September 20-22, 2019; **Part 1B**, October 4-6, 2019

Friday & Saturday 8:30am—6:30pm; Sunday 8:30am—1:00pm • Camphill Village Kimberton Hills, Kimberton, PA

Rhythmical Einreibung is a nursing treatment that gently enlivens, warms and nurtures the whole human being through the conscious application of qualities of touch and therapeutic oils.

Part 1 Course for Nurses, Massage Therapist, Health Care Professionals, Parents, and Caregivers. Students will be introduced to the theory of rhythmical and life processes through instruction and practice, and will learn:

- The qualities of rhythmical touch and how to provide them.
- The meaning of the warmth organism and its importance in therapy.
- Application of the rhythmical qualities in other nursing situations.
- Indications and contraindications of Rhythmical Einreibung and Nursing Compresses.
- Rhythmical Einreibung of the sitting back, legs, and feet.

The learning process is experiential and imaginative, imparting a living knowledge of Rhythmical Einreibung that participants can integrate into their healthcare practices and life situations. A mentoring process is available to those who wish to continue with this training.

Course Tuition:

\$595 for early registration received on or before July 20th, 2019.

\$695 for registration after July 20th, 2019.

Deduct NAANA Membership discount of \$25 as applicable.

Cancellation Policy:

1. Full refund, less \$50 admin fee: written notice received before August 20th.
2. 50% refund: written notice received after August 20th.
3. Cancellations after September 6th will not be eligible for a refund.

Registration:

Online registration with **PayPal** is available via website: www.anthroposophicnursing.org - courses/events. Or send the registration form below with full payment to:

Karen Alderfer, 1525 Evans Road, Pottstown, PA 19465



FACULTY

Karen Moyer Alderfer, RN, BSN, ANS, RES/T, is an Anthroposophical Nurse Specialist, Rhythmical Einreibung Specialist and Teacher. She teaches RE in the USA.

Pregnancy and some medical conditions are contraindications for receiving Rhythmical Einreibung in a practice setting. Before registering, please notify the course coordinators if you are pregnant or have a medical condition.

For Information about this course, contact:

Karen at karen.alderfer@gmail.com or **610-310-7897**

For information about NAANA & NAANA courses, go to <https://www.anthroposophicnursing.org> or email: AnthroNursing@gmail.com



www.aanthroposophicnursing.org

REGISTRATION: RHYTHMICAL EINREIBUNG, PART 1 COURSES • Part 1A, Sept 20–22 • Part 1B, Oct 4–6, 2019

NAME:

ADDRESS:

TELEPHONE:

PROFESSION:

EXPERIENCE:

AMOUNT OF \$ ENCLOSED: \$_____._____ Write checks to: 'NAANA'. Write in check memo: 'RE FC Part 1 CVKH 2019'

